



AMERICAN
Healing Arts
ALLIANCE INC.

Peace Novella Players™

Workshop Sponsored by AHAA



Jon Ulrich

Improvisation as an Art & Healing Art

Presented by actor

Jon Ulrich

Tuesday March 16, 2010

6:30pm-9:30pm

WORKSHOP COST: \$25.00 (suggested donation)

REGISTRATION FORM: See form on back.

INFORMATION: Call AHAA at (410) 956-0055

HOST LOCATION: Annapolis Lymphedema and Therapy Center

2001 Tidewater Colony Drive, Suite 102, Annapolis, MD. 21401

[ALTC is at the intersection of Bestgate Rd and Tidewater Colony Dr.](#)

Join us for an opportunity to learn about the use of improvisation for insight, humor, creative expression and healing. Be prepared to laugh, shout, clap and slap stick if you like along with our inspired in-the-moment Peace Novella Players™. All are invited to explore the use of improvisation as an art and healing art in a workshop on Sunday, February 7th. Come join in the fun and spontaneous storytelling aspect of our lives with your ability to create molehills out of mountains and turn ticklish situations into turn-around fair play. Be open to discover your funny bone and co-creative mind allowed to freely express itself in the moment.

The workshop will consist of a series of interactive exercises and games used in improv comedy as well as presentation and discussion on how improv guidelines can be applied to our own lives for greater happiness, peace, and success.

Our workshop presentation will be lead by Jon Ulrich, actor and improvisational performer assisted by AHAA President Alice Yeager as developer of the [Peace Novella Players™](#) ensemble and [Peace Novella™](#) educational programs. Jon is a dynamic speaker who has performed in small theater productions of *The Laramie Project*, *Hello Dolly*, *Oklahoma!* and *Ten Little Indians* and performed improvisational comedy with the Baltimore Improv Group.

AHAA

3157 ROLLING ROAD EDGEWATER, MD 21037

PHONE: (410) 956-0055 FAX: (410) 956-1118

WEBSITE: <http://www.americanhealingarts.org> E-MAIL info@americanhealingarts.org



AMERICAN
Healing Arts
ALLIANCE INC.



Jon Ulrich

Improvisation as an Art & Healing Art

Presented by actor

Jon Ulrich

Tuesday March 16, 2010

6:30pm-9:30pm

Workshop Registration Form

Name: _____

Address: _____

Phone: (____) _____ - _____ (Home or Day)

(____) _____ - _____ (Work or Evening)

(____) _____ - _____ (Cell)

Email: _____

AHAA 2010 Member _____ Yes

AHAA membership information at: www.americanhealingarts.org/membership

AHAA 2010 Membership included in payment _____ Yes

Cost: Suggested Donation \$25.00

Taking 10% discount as an AHAA member _____ Yes

Check # _____ TOTAL ENCLOSED \$ _____

Make checks payable to: **AHAA, Inc.**

Mailed payments to be received by: **Monday, March 15, 2010**

Mail form to: **AHAA Inc.**,
Peace Point,
3157 Rolling Rd.,
Edgewater, Maryland 21037

Information: American Healing Arts Alliance, Inc. (410) 956 0055

Email: info@americanhealingarts.org