

A Peace Nouvella™ Presentation

Featuring



A CAPITAL IDEA

An original play performed by the
Peace Nouvella Players™

in

10th Anniversary of the Inner Peace Treaty™

Saturday June 21, 2008

7:00-9:30pm

St. Johns College, Key Auditorium
Annapolis, Maryland

Sponsored by The American Healing Arts Alliance Inc.

President's Message

W E L C O M E

We welcome all to our debut performance of the Peace Nouvella Players™ in conjunction with the 10th Anniversary of the Inner Peace Treaty™ officially begun in ceremony on June 21, 1998 in Annapolis, Maryland. The American Healing Arts Alliance Inc. a 501c3 non-profit as sponsoring organization offers inspiring, educational and entertaining programs designed to build awareness of the healing arts and sciences. This includes the creative arts for healing with an ensemble of artists, musicians, writers, dancers and theater arts performers called the Peace Nouvella Players™.

The healing arts and sciences programs we sponsor include the Peace Nouvella Players™, the Inner Peace Treaty™ and the Peace Pulse™ as part of a comprehensive healing arts and creative arts educational program called Peace Nouvella™. We offer uplifting peace building healing messages within all of our programs for today's challenging times. Our goal is to produce on-going programs to be presented at theaters, schools, conferences, churches and special events.

We hope you will become inspired to contribute your own thoughts and actions to our efforts. All are invited to join us by becoming an active participant in the growing awareness of the important role each person plays as a seed of peace and healing in the world.

Peace nouvella,
Alice Yeager
AHAA President

*May a new peace be scripted in your heart
co-authored with the highest aspects of your being*

– a Peace nouvella™

Note: This event and the organizations and individuals included in the program are not affiliated with St. Johns College.

A Peace Nouvella™ Presentation

sponsored by

The American Healing Arts Alliance Inc

Saturday, June 21, 2008
St. Johns College • Francis Scott Key Auditorium
7:00-9:30pm

P R O G R A M

Prelude Music -

Touch the Spirit CD selections of composer and guitarist **Rob Levit**

Opening welcome -

Alice Yeager – President, American Healing Arts Alliance Inc.

Peace Flags and Peace Pole Presentation -

Ann Marie Williams – World Peace Prayer Society

The Science of Peace -

Documentary excerpt and video dialogue with producer LeVar Burton and director Olivia Barham

A Capital Idea - Performance by the **Peace Nouvella Players™**

(15 minute intermission after Act 1)

Inner Peace Treaty™ - Ratification ceremony with invited guests

Closing - Peace Round lyrics by **Alice Yeager**

music composed by **Bill Sykes** *(See page 4 for song lyrics)*

**Please join our presenters and cast in the lobby
after the program until 9:45 p.m. Doors close at 10:00 p.m.**

* Numerous selections throughout the evening from *Touch the Spirit* CD were composed by Rob Levit inspired by *A Course in Miracles*.

A CAPITAL IDEA

Act 1

Scene 1 The Circle

Scene 2 The Inn

Intermission (15 minutes)

Act 2

Scene 3 Harbor Lights

Scene 4 A Capital Idea

Act 3

Scene 5 The Milky Way

Scene 6 Born Identity (Finale)

CAST

Town CrierR.J. Pavel

NarratorEmily Rowan

Inn Waitress ...Sarah Charles

Politician 1Jim Salmon

Politician 2Raul Torres

Townsperson 1 .Ackie Layne

Townsperson 2 & Doorperson

Eleanor McCormick

Townsperson 3 .Nancy Ciccone

SoldierNick Allen

MagicianRobby Rose

Town FoolMax Ochs

A Capital Idea

by Alice Yeager

Presented by The Peace Nouvella Players™

“Only those who can see the invisible, can do the impossible”

— Thomas Jefferson

This play offers a parallel between the history of Annapolis during the time of the Treaty of Peace in 1783 that officially ended the American Revolutionary War and a modern day peaceful revolution in consciousness. The inspiring words of our Revolutionary period forefathers hold relevance to our present day times of great change. We are currently dealing with multiple cultural, political, economic, health and environmental challenges all at the same time as unprecedented in history. These times call us to honor the independent spirit of our nation's historical past while bringing us together to truly become united for the sake of our shared planetary existence.

With the 1700's as background and setting for the characters we find ourselves still dealing with the effects of a long war. These effects call for the restoration of a peace that is sustained. This is presented within the play as an invitation for each person to accept the responsibility to find this sustained peace within themselves and encourage others to do the same. This timeless theme brings us to our modern era where we are being called to experience a peaceful revolution in consciousness within ourselves. Peace is not something legislated from a political or cultural hierarchical perspective. Peace begins within each of us as a seed thought.

Our unpeacefulness inside often expresses itself as inner conflicts and egoic separatist thinking that lead to outer wars. This play is intended to bring the individual full circle within themselves to rediscover a peaceful whole center that is often forgotten. When we rediscover this peaceful inner core as an awareness of our shared unity the words of the Latin motto "e pluribus unum" meaning "out of the many, one" become words to live by, not die for.

There are similar phrases throughout the play that purposely make use of double entendre, play on words, cliches, and tongue-in-cheek common expressions often with multiple meanings. They demonstrate the way language, especially common sayings can influence our perception of the world.

A Capital Idea

by Alice Yeager

Presented by The Peace Nouvella Players™

(Continued from page 3)

The use of these metaphoric messages is intended to emphasize how single words as expressions and cliched sayings can influence our thoughts and interactions. Many sayings are said in the name of humor in a "joking manner" in ways that can either bring people together in peaceful joyful harmony or foster conflict often seen as "one-up-man-ship" or sarcastic "put down humor" depending on their interpretative meaning. We are called to not just glibly or "blindly accept" without question their often unrecognized multiple meaning and underlying intent. They represent the "double messages" we frequently get from each other that can "fan the flames of conflict" or "soothe the soul".

Scenes one to five present stages of understanding our relationship to the whole. They appear as the five shapes that make up everything in the physical world in parallel to our five perceptual senses. These stages occur within the context of the play as visual metaphors representing increasingly inclusive interactions in relationship to the whole. These inclusive connections spread outward beyond our individual thinking to co-create a unifying peace centered whole. The three acts with six scenes culminate in a finale that includes everyone as representative of this whole.

The Peace Novella Players™

The Peace Novella Players™ is an ensemble of artists, musicians, writers, dancers and theater arts performers with peaceful inspiring messages for today's times. Our goal is to produce on-going programs to be presented at theaters, schools, organizations, conferences, churches and special events with the intention of entertainingly inspiring each person to become an inner and outer peacebuilder in the world.

- * Youth and Adult Participants
- * Creative Artists and Performing Artists
- * Inspirational Peacebuilding Educational Programs
- * Presentations at Theaters, Schools, Organizations and Events

Cast

Biographies

Nick Allen (Soldier) Nick recently played a pirate in *The Pirates of Penzance* at Martin Spalding High School. He has also played professor Harold Hill in *The Music Man* and Daddy Warbucks in *Annie* at Indian Creek Middle School. As a musician he is also plays trumpet in his school's concert band.

Sarah Charles (Inn Waitress) Sarah is thrilled to be participating in A Capitol Idea as a part of the Peace Novella Players™. She is a rising senior at Archbishop Spalding and later plans to study musical theatre as a major in college. Sarah has performed in various theatrical productions within school and around the community for

9 years and has also received superior ratings at the state and county level for singing. She would like to thank her family and friends for their continuous support and Ms. Yeager for her hard work and guidance throughout this process.

Eleanor McCormick

(Townsperson 2 & Doorperson) Eleanor is a rising Senior at Archbishop Spalding High School and is actively involved in theatre throughout the Annapolis area. Most recently, she has been seen in *M*A*S*H* and *The Pirates of Penzance*, both with Spalding Theatre, and *Beauty and the Beast* with Children's Theatre

The Peace Novella Players™

Biographies (continued)

of Annapolis. Eleanor has also recently participated in various showcases with Broadway Artists Alliance and Camp Broadway in New York City.

Max Ochs (Town Fool) Max Ochs has served in the community services sector for twenty-five years, as Director of the Anne Arundel Conflict Resolution Center, high school teacher of World History and as a Public Affairs administrator with the County's anti-poverty agency. He majored in Philosophy at the University of Maryland and received a Masters degree in Humanities from St. John's Graduate Institute in Annapolis. A poet and musician, he especially enjoys activities with his wife Suzanne and their four children and five grandchildren. He subscribes to a philosophy that "it is better to practice a little than to talk a lot".

R.J. Pavel (Town Crier) R.J. is so excited to be a part of the cast of A Capitol Idea and has been working on the show with Alice Yeager since last July. R.J. attends Archbishop Spalding and is a rising Senior. He has been involved in theatre since the second grade and hopes to continue it as a career in New York. Recently he has been seen in *Godspell* (Judas), *Beauty and the Beast* (Beast), *M*A*S*H* (Duke), and *Pirates of Penzance* (Frederic). He would like to thank his family, mom, dad, ashley, and his GMA's and GPA's, BnB crew, and his

Aunt, who he will miss very much. And of course Ms. Yeager who has worked so very hard on this project and has gone so far.

Robby Rose (Magician) Robby recently played Marpol in *The Busie Body* at Colonial Players. Robby is thrilled to be part of the Peace Novella Players™. He has been acting in the Annapolis area for the past three years appearing in *Six Degrees of Separation*, *The Battle Shallowford* and *A Moon for the Misbegotten*.

Emily Rowan (Narrator) Emily recently played the lead role of Mabel in *The Pirates of Penzance* at Martin Spalding High School. She has also performed with The Children's Theater of Annapolis, Talent Machine and Severna Park Middle School. Her favorite roles include Bridget McCarthy in *M*A*S*H* (Annapolis Senior High School), Ursula in *Bye Bye Birdie* (CTA) and Jasmine in *Aladdin* (CTA)

Jim Salmon (Politician 1) Retired college professor. BS- Accounting, BS-Bus. Admin. Minor-Sociology, MA - Human Res. Dev., Married, two grown children. As a professional college professor, Jim has developed a knack for entertaining storytelling to his students. "With years of experience spent in front of a captive audience, I developed a feeling of gratitude when I saw the look of

The Peace Nouvella Players™

Biographies *(continued)*

enlightenment and satisfaction on the students faces. I later believed that applying that same energy towards legitimate acting would create a similar effect. And acting is a lot of fun too."

Raul Torres Jr. (Politician 2) has been in multiple productions since the age of 8. As an Orlando Florida native he has had the opportunity to perform at Walt Disney World's EPCOT Center as a vocalist, and has been a part of many theatre performances including; *The Man Who Came to Dinner* (Banjo), *Mid-summer Nights Dream* (The Duke), and *Merrily We Roll Along* as a part of the Ice House Theatre Company. Raul has also traveled across the United States singing at various youth organizations and camps.

Ackie Layne (Townsperson 1)

Nancy Ciccone (Townsperson 3)

Faith Hagerty (Announcer) Faith Hagerty, PT, cert. MDT, CSCS has worked as a physical therapist since 1994 in acute care, inpatient rehab, nursing home and outpatient clinic settings. She has an undergraduate degree in Biological Basis of Behavior and has experienced multiple subtle energy healing methods.

Artistic Direction

Alice Yeager (Playwriter, Producer, Director) Alice Yeager, MFA is honored to be co-creatively producing an artistic expression of the inner guidance she has been following since 1994 to further the inner work of peace and healing of ourselves and our planet. With this production Alice is adding to her accomplishments as a professional speaker, educator, subtle energy hands healer, multi-sensory intuitive, life coach, writer, illustrator and fine artist. She is founder and president of Spirit Creative Services, Inc., a wellness consulting, publishing and creative services company. She is also founder and president of the American Healing Arts Alliance Inc., a non-profit educational alliance of healing arts and sciences organizations, professional practitioners and individuals. Alice specializes in consulting and training for groups and individuals in the healing, intuitive and creative arts for professional and self development. Alice uses her highly developed clairaudient, clairvoyant, clairsentient, clairgustant and clairscentist intuitive skills with the goal of empowering others to develop their own multi-sensory co-creative abilities for the purposes of healing and peace.

Our Peace Nouvella™ Programs

Peace Nouvella™ programs combine the creative arts and healing arts as educational programs and presentations that foster peacebuilding, healing and creativity. An in-depth understanding of our programs includes journaling, meditation, creative arts, music, storytelling, dance and theater. A subtle energy healing arts component is called the Peace Pulse™ and a creative arts journaling project called the Inner Peace Treaty™. These projects and presentations are designed to foster thoughts of peace from within to encourage each of us to take the personal responsibility as co-creative peacebuilders. World peace and healing will come as the result of greater peace and healing within each of us.

Healing Arts Programs include:

- * Wellness, Meditation and Intuitive Arts Courses
- * Peacebuilding Dialogues
- * The Peace Pulse™ - Subtle Energy Healing

Creative Arts Programs include:

- * The Inner Peace Treaty™ - International Collective Thought Project
- * Visual Art, Journaling, Creative Writing, Music and Storytelling
- * Peace Nouvella Players™ Performance Arts Group

The book in process about these peace building projects is titled
We the People: Co-creating Inner Peace.

For further information about our Peace Nouvella™ programs that include the Inner Peace Treaty™, the Peace Pulse™, and Peace Nouvella Players™ please visit our website.

www.americanhealingarts.org
or call (410) 956-0055

We appreciate your interest in our programs.

The Inner Peace Treaty™

HISTORY

On Sunday, June 21, 1998 in Annapolis, Maryland the initial ratification of the Inner Peace Treaty™ was begun in ceremony in front of the Maryland State House. One hundred participates including Annapolis Mayor Dean Johnson gathered that day in ceremony to honor our forefather's vision of creating a new world of "lasting perpetual peace". The ceremony began the on-going process of ratification that has continued as countless others have now added their signatures to Inner Peace Treaty™. The goal is to encourage a co-creative vision of lasting perpetual peace that becomes a reality for all. Since the initial ceremony thousands of individual citizens of all ages including noted dignitaries and political leaders have offered their ratifying signatures.

According to Ambassador John McDonald of the Institute for Multi-track Diplomacy, the first peace treaty in history was signed in 1450 BC by the Egyptians and the Hittites. Ever since then there has been a long historical basis for the use of peace treaties to create and maintain peaceful coexistence. Our colonial American forefathers sought this vision as a reality fully knowing that perpetual peace is only possible when there is an acceptance of a presence of peace from within.

The Inner Peace Treaty™ as a seed thought grew out of meditative guidance received in 1994 by AHAA's founding President, Alice Yeager. Ever since then the Inner Peace Treaty™ has continued its journey synchronistically guided by both seen and unseen hands. The message has been that "peace begins within each of us as a seed thought." That seed thought of peace begins within your own mind with heartfelt intent.

Ghandi once encouraged us with his words for us to - "be the change you want to see in the world". During these times of great global changes that bring increasing challenges we are called to consciously cultivate peaceful thoughts, communications and actions that contribute to the whole. As part of a global awakening in many we are called to create inspired solutions to global issues through peaceful means. When our individual thoughts of peace are fostered in our minds and hearts then we each become part of an expanding collective Thought of peace as a shared reality.

The Inner Peace Treaty™

With this treaty

I agree to reconnect with the highest aspects of my being.

Toward greater harmony and peace from within,

I acknowledge and release all unforgiveness I have created.

I choose to be at peace with the process of my life

as an unfolding journey toward greater love and joy.

I honor and hold this Truth as Self-evident.

The Peace Pulse™



Visual depiction of a Peace Pulse™ session.

- * Promotes balance and peaceful harmony
- * Increases relaxation to aid self-healing
- * Helps still the mind for greater mental clarity
- * Fosters a direct experience of your peaceful Self presence
- * Cultivates a peaceful connection to others
- * Builds a peaceful awareness of our oneness

The Peace Pulse™ is a form of meditative subtle energy healing that offers an experience of gentle peacefulness. It also has been sensed while reading and meditating on the words of the Inner Peace Treaty™, writing your own personal version and when the original words of the Inner Peace Treaty™ are passed on to others.

The Peace Pulse™ has been experienced in a variety of ways as; an all over feeling of peacefulness, a stillness of the mind, a sweet flower like smell, a comforting softly sensed vibrational presence, or an inner "still small voice" offering loving comforting words of peace. The promise is that the more the Peace Pulse™ is shared as a peaceful meditative experience the more it spreads the Thought of peace.

We invite you to help further this project by experiencing it for yourself. You can do so by adding your meditative thoughts and prayers for inner peace and encouraging others to do the same as the words of the Inner Peace Treaty™ are passed on in ratification. You can also engage in the meditative sharing practice of offering the Peace Pulse™ as a mutual peacebuilding experience.

Credits

We greatly acknowledge the individuals and organizations shown here for their contributions to our Peace Nouvella™ Presentation.



LeVar Burton, executive producer and host of The Science of Peace documentary and **Olivia Barham**, writer, producer and director

The *Science of Peace*, hosted by LeVar Burton, investigates the causes of violence and the pathways to peace from today's leading scientists. Participants in the documentary include: Dr. Bruce Lipton, Dean Radin, James O'Dea, Marilyn Schlitz, Hans-Peter Durr, Gregg Braden, Arun Gandhi, Rupert Sheldrake, Elisabet Sahtouris, Roger Nelson, Edgar Mitchell, Lynne McTaggart and Rolin McCraty. For further information visit the Science of Peace website at: www.scienceofpeace.com



Ann Marie Williams

The Peace Pole Project at World Peace Sanctuary
The World Peace Prayer Society
26 Benton Road Wassaic, NY 12592
(845) 877-6093
annmarie@worldpeace.org
www.peacepoleproject.org
www.worldpeace.org



Annapolis Charter
300 Committee

160 Duke of Gloucester Street
Annapolis, MD 21401
www.annapolisalive.org

Our Event Sponsor

AMERICAN

Healing Arts



ALLIANCE INC.

Peace Point – 3157 Rolling Rd. Edgewater, MD 21037
Phone (410) 956-0055 Fax (410) 956-1118
Email www.americanhealingarts.org
Website ahaainc@earthlink.net

Thank You!

We gratefully appreciate the following individuals and organizations for their volunteer time and support:

- Event Coordination:** Alice Yeager, AHAA President
Event Coordination Assistance: Debby Pafel, Brenda Ciomei, Fred Hawker, Christine Hunt, Susan Ruck and Judy Gordon
Press Releases: Debby Pafel
Costumes and Props: Irene Okes, Kana Nootenboom, and Geraldine Pavel
Audio Visual Assistance: Brian Tucker, Fred Geil and Osiremi Occokjie,
Playbill and Posters: Alice Yeager, Spirit Creative Services Inc, Cindy Tourison, Graphic Designer and Andrea Warfel Administrative Assistance
Promotions and Distribution: Rick Bianchi, Dan Nier and Faith Hagerty
Videographer: Kevin Lindsey

A Special Thank you to:

- Susan Ruck, *Sunflower Promotions L.L.C. - Miracle Worker Benefactor*
- St. Johns College
- The Peace Nouvella Players™ cast and crew
- Bill Pearson, *Natural Healing Wellness Center*
- Debbie Wood, *The Chesapeake Children's Museum*
- Rob Levit, Guitarist and composer
- Christine Hunt, *Images by Christine Photography*
- Jan Chapman, *Anne Arundel Peace Action*
- Annapolis & Anne Arundel County Conference & Visitors Bureau
- Colonial Williamsburg
- Watermark Tours

Sponsors



Spirit Creative Services, Inc.
3157 Rolling Road
Edgewater, MD 21037
(410) 956-1117
spiritcreativeservices.com

Peace Nouvella™

- Healing Arts Instruction
- Intuitive Consultation
- Hands Healing

Alice Yeager
Co-Creator

About AHAA

The American Healing Arts Alliance Inc. is a tax-exempt 501(c)(3) non-profit educational public charity. As an educational alliance we represent health conscious organizations, educators, professional practitioners, students and individuals interested in the healing arts and sciences. As a healing arts alliance, we acknowledge worldwide models of health and healing. These encompass a range of integrated and interdisciplinary approaches that combine mental, physical, and spiritual health practices.

We appreciate all donations, memberships, and volunteer efforts toward furthering our programs. We invite you to become further involved in our organization by volunteering and participating in our educational programs.

Our volunteer opportunities include: Events, Publications, Fundraising, Marketing, Membership, Volunteers and Website.

We invite you to join the American Healing Arts Alliance, Inc., as a General, Professional, or Benefactor member.

AHAA Membership

\$35 per calendar year (Jan 1-Dec 31), pro-rated quarterly as;
\$26.25 (April 1-Dec. 31), \$18.50 (July 1-Dec. 31), \$8.75 (Oct.-Dec 31).

Tax deductible contributions in addition to Membership are appreciated.

Our Benefactor levels are:

Helping Hand\$1-\$99
Guardian Angel\$100-\$499
Miracle Worker\$500+

For additional information about membership and volunteer opportunities please contact us at

American Healing Arts Alliance, Inc.

Peace Point, 3157 Rolling Rd., Edgewater, MD 21037

Phone (410) 956-0055 Fax (410) 956-1118

Email: ahaainc@earthlink.net

Web: www.americanhealingarts.org

Sponsors

Stepping into Success
Transition Program for Students



Expressive Arts
Consultant
Programs for Adolescents &
Adults in Transition

888-266-3875
anniebluepoet@comcast.net
www.possibilityproject.com



William J. Boro, D.C.
Certified Craniopath

108 Old Solomons Island Rd.
Annapolis, Maryland 21401
(410) 266- 5054

*" A happy integrated nervous system,
a necessary component for inner peace"*



Heal Your Life Workshops and Inner Life Coaching

Michele J. Quesenberry
Certified Holistic Spiritual Counselor 410-286-5591
Certified Heal Your Life Teacher GratefulBits@comcast.net
Published Author www.GratefulBits.com



American Healing Arts Alliance Inc.

Peace Point , 3157 Rolling Rd. , Edgewater, MD 21037
Phone: (410) 956-0055 Email: ahaainc@earthlink.net
Web: www.americanhealingarts.org